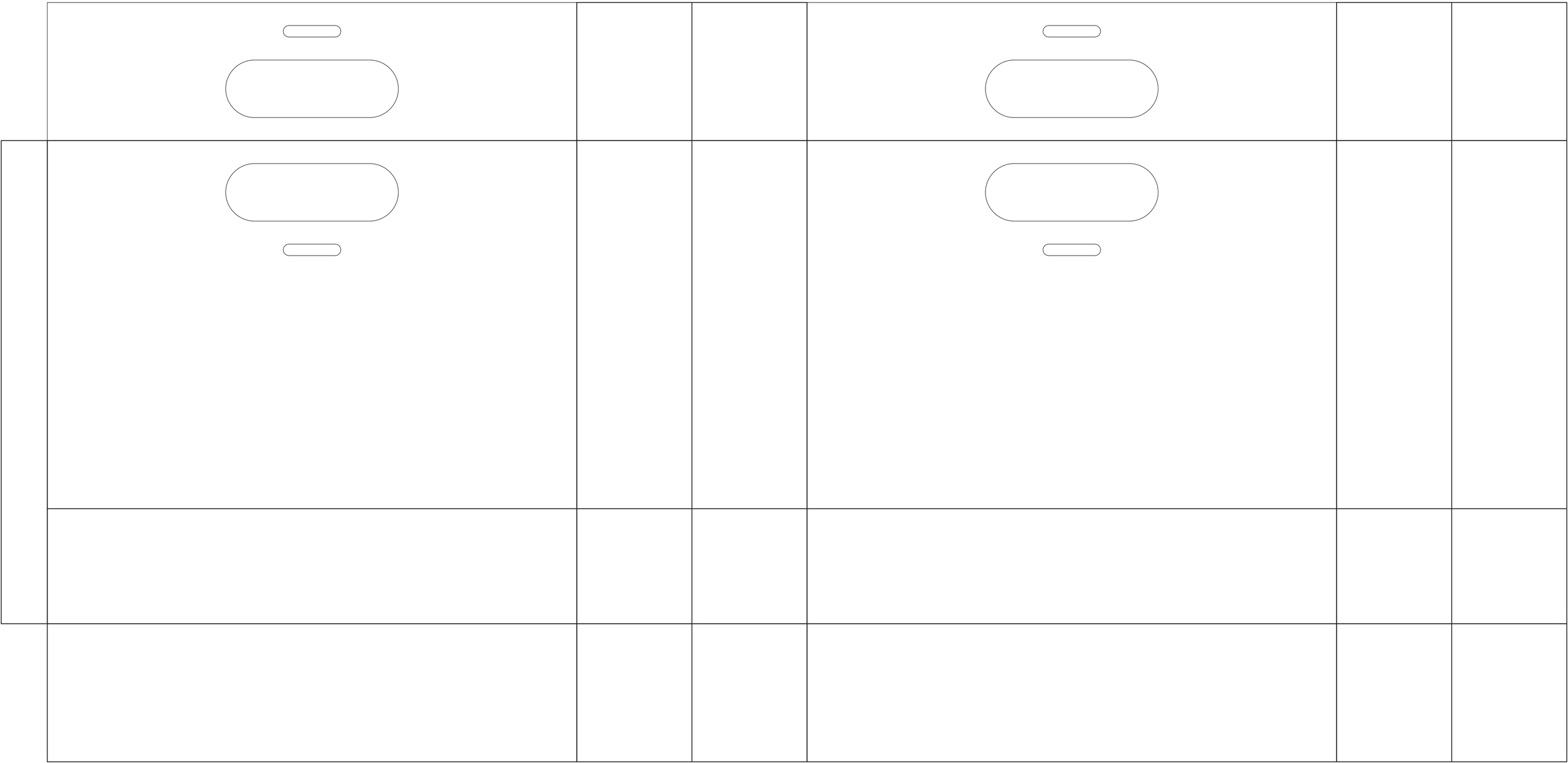Sh3145